Hellingly CP School

Tuesday 22nd September 2026

Dear Parent/Carer

NSPCC's *Speak out. Stay safe.* programme

I am pleased to inform you that we are participating in the **NSPCC's *Speak out. Stay safe.* Programme** this term. This is a programme for children aged 5-11 which aims to help children understand and recognise the signs of the different types of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child friendly, age-appropriate programme is fully aligned with the curriculum and consists of a short film and supporting classroom based activities which we have reviewed and will deliver the week beginning the 12th October, alongside NSPCC volunteer led face to face workshops for children aged 6 - 7 (Year 2) and 9-11(Year 5 & 6) on Thursday 22nd October. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy.

To find out more about the programme, please watch the NSPCC's **Speak out. Stay safe.** '**Introduction for Parents/Carers film**'. Link or scan QR code.

Parents and carers are asked to let us know if your child has experienced anything (in the past or happening now) which may mean they need extra support before, during or after taking part in this programme.

Additional NSPCC resources for families to help keep children safe

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

Parent/Carer support	Activities to extend learning at home
Take a look at information, support, advice and activities from NSPCC for parent and carers. www.nspcc.org.uk/parents www.nspcc.org.uk/speakout.	Take part in games and activities at home to help children learn about speaking out and staying safe. www.nspcc.org.uk/activities

Online Safety Hub	Childline – under 12's
For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more. www.nspcc.org.uk/onlinesafety	Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content. www.childline.org.uk/buddy (5-7) www.childline.org.uk/kids (7-11)
Talk PANTS with your children Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at www.nspcc.org.uk/pants.	

Feedback survey for pupils aged 7-11

The NSPCC would like to gather feedback from pupils aged 7-11 about the *Speak out. Stay safe.* programme to gauge their learning. **This will be voluntary and children can still take part in the programme if they don't take part in the survey.**

- All survey questions are multiple choice and focussed on the programme.
- The survey is anonymous and confidential. However, if in the process of completing the survey, a teacher becomes concerned for a pupil's welfare (e.g., through something a pupil says) we will follow our school's safeguarding procedures.
- If you **do not** want your child to take part in the **survey**, sign the slip below and return it to your child's class teacher.
- If you have agreed that your child can take part in the survey but your child changes their mind on the day, that is also okay.

I hope you find this information about the NSPCC and the *Speak out. Stay safe.* programme helpful. Please do contact me if you have any further questions.

Yours sincerely,

Mrs Carolyn Andrews

Deputy Headteacher

Parent/Carer <u>SURVEY</u> withdrawal form for children aged 7-11 only

I do not consent to *(Name of pupil)* _____participating in the completion of the NSPCC Pupil Survey following the delivery of the ***Speak out. Stay safe.*** Programme.

Signed (**Parent/Carer)** **:**_____

Executive headteacher: Mr. Jon Goulding BA (Hons) Head of School: Mrs Michelle McKay BA (Hons)
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